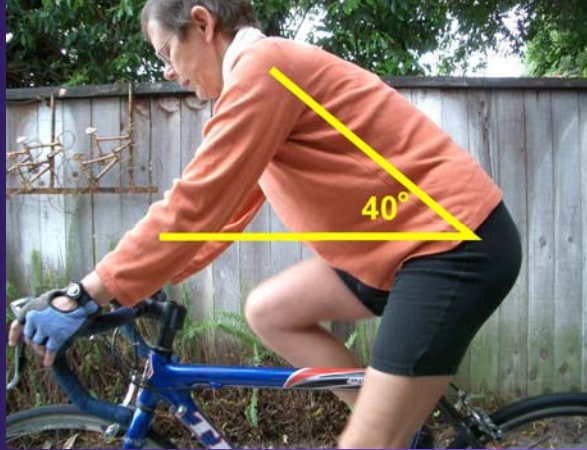


Torso Angle



Bike Fit

ABC Slide Show

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ABC Bike Fit Slide Show.

Torso angle is a matter of style.

With the hands on the hoods, it is the angle formed by the shoulder (greater tubercle), hip (greater trochanter of femur) and a horizontal.

Beginners may prefer torso angles as high as 60 degrees.

Higher – grocery bicycle shopping position – is tougher on the back/spine.

Racers may be comfortable at 30 degrees or less.